Marion Unit #2 K-12 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		be mine	1 Waffles with Maple Syrup & Sausage	2 Sausage & Cheese Biscuit Sandwich
5 Oatmeal OR Yogurt	6 Cheddar Cheese Omelet & Sausage	7 Biscuits & Sausage Gravy	8 Homemade Muffins	9 Sausage, Egg & Cheese on English Muffin
12 Oatmeal OR Yogurt	13 Breakfast Pizza	Biscuits & Sausage Gravy Valentine's	15 Pancake Wrapped Sausage Link with Maple Syrup	16 Sausage & Cheese Biscuit Sandwich
No School Presidents' Day	20 Cheddar Scrambled Eggs & Sausage	21 Biscuits & Sausage Gravy	22 Homemade Cinnamon Rolls	23 Sausage, Egg & Cheese on English Muffin
26 Oatmeal OR Yogurt	27 Breakfast Burrito with Salsa	28 Biscuits & Sausage Gravy	29 French Toast Sticks with Maple Syrup & Sausage	

	Breakfast	Lunch
Student	\$2.00	\$3.25
Reduced	\$0.30	\$0.40
Adult	\$3.00	\$4.25

Cereal, Toast & Jelly Offered Daily as Alternative All Meals Served with Fruit or Juice & Milk

Offer VS. Serve

Students do not have to take all food items, but at breakfast they must take 3 items including the juice or fruit. At lunch they must take 3 items from the 5 food groups offered (Grain, Fruit, Vegetable, Meat/Meat Alternate, Milk) and one item must be a fruit or vegetable.

MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO AVAILABILITY OF FOOD

Rhonda Woods, Food Service Manager 618-993-2321 rwoods@marionunit2.org

Marion Unit #2 is an equal opportunity provider and employer.

Marion Unit #2 K-12 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
336		Le mine	1 Pulled Pork OR Corndog	2 Pizza OR Hot Ham & Cheese Sandwich
-20.		A CONTRACTOR OF THE PARTY OF TH	Steamed Broccoli w/Cheese Sauce, Cake, Fruit Juice	Corn, Carrots w/Ranch, Fruit
5	6	7	8	9
Hamburger	Chili	Chicken Sandwich	Sloppy Joe	Pizza
OR	OR	OR	OR	OR
Cheeseburger	Cheesy Potato Soup	Spicy Chicken Sandwich	BBQ Rib Sandwich	Turkey & Cheese Sandwich
Tater Tots, Baked	Hot Dog, Carrots	Macaroni & Cheese,	Steamed Cauliflower	
Beans, Fruit	w/Ranch, Cookie, Fruit	Green Beans, Jello	w/Cheese Sauce,	Corn, Lettuce Salad,
	Juice	w/Fruit	Cookie, Fruit Juice	Fruit
12	13	14	15	16
Hamburger	Fettuccini Alfredo	Chicken Nuggets	Sweet & Sour Chicken	
OR	OR	OR	OR	Half Day of School
Cheeseburger	Chicken Wrap	Fish Sandwich	Teriyaki Meatballs	
				No Lunch
French Fries, Baked	Garlic Bread, Lettuce	Mashed Potatoes, Green	Steamed Rice, Steamed	
Beans, Fruit	Salad, Pudding, Fruit Juice	Beans, Fruit	Vegetables, Fortune Cookie, Fruit Juice	
19	20	21	22	23
No School	Chicken Noodle Soup	Chicken Sandwich	Meatball Sub	Pizza
Presidents' Day	OR	OR	OR	OR
	Vegetable Beef Soup	Spicy Chicken Sandwich	Turkey Sub	Fish Nuggets/Sticks
	Toasted Cheese	Macaroni & Cheese,	Steamed Broccoli	Corn, Carrots
	Sandwich, Cauliflower	Green Beans, Jello	w/Cheese Sauce, Chips,	w/Ranch, Fruit
	w/Ranch, Cookie, Fruit	w/Fruit	Brownies, Fruit Juice	, , , , , , , , , , , , , , , , , , , ,
	Juice		·	
26	27	28	29	
Hamburger	Spaghetti	Chicken Nuggets	Chicken w/Queso Sauce	200
OR	OR	OR	OR	
Cheeseburger	Deli Wrap	Grilled Chicken Sandwich	Chicken Quesadilla	
<u> </u>	,			
French Fries, Baked	Garlic Bread, Lettuce	Mashed Potatoes, Green	Mexican Rice, Tortilla	1 3 5
Beans, Fruit	Salad, Pudding, Fruit	Beans, Fruit	Chips w/Salsa, Spiced	1
	Juice		Black Beans, Cookie,	
			Fruit Juice	

	Breakfast	Lunch
Student	\$2.00	\$3.25
Reduced	\$0.30	\$0.40
Adult	\$3.00	\$4.25

Offer VS. Serve

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AfterCats Snacks
Monday - Chips
Tuesday - Cookie
Wednesday - Cereal
Thursday - Fruit Cup
Friday - Oreos

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