Marion Unit \#2 K-12 Breakfast Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
|  |  |  | 1 <br> Waffles with Maple Syrup \& Sausage | 2 <br>  <br> Cheese Biscuit Sandwich |
| 5 <br> Oatmeal <br> OR <br> Yogurt | 6 <br> Cheddar Cheese <br>  <br> Sausage | 7 <br>  <br> Sausage Gravy | 8 <br> Homemade Muffins | 9 <br>  <br> Cheese on English Muffin |
| $12$ <br> Oatmeal <br> OR <br> Yogurt | $\begin{aligned} & 13 \\ & \text { Breakfast Pizza } \end{aligned}$ | 14 <br>  <br> Sausage Gravy <br> Valu(thing tibay | 15 <br> Pancake <br> Wrapped <br> Sausage Link with Maple <br> Syrup | 16 <br>  <br> Cheese Biscuit <br> Sandwich |
| 19 <br> No School Presidents' Day | 20 <br> Cheddar <br> Scrambled Eggs <br> \& Sausage | 21 <br>  <br> Sausage Gravy | 22 <br> Homemade Cinnamon Rolls | 23 <br>  <br> Cheese on English Muffin |
| $26$ <br> Oatmeal OR Yogurt | $27$ <br> Breakfast Burrito with Salsa | 28 <br>  <br> Sausage Gravy | 29 <br> French Toast Sticks with Maple Syrup \& Sausage |  |


|  | Breakfast | Lunch |
| :--- | :---: | :---: |
| Student | $\$ 2.00$ | $\$ 3.25$ |
| Reduced | $\$ 0.30$ | $\$ 0.40$ |
| Adult | $\$ 3.00$ | $\$ 4.25$ |

Cereal, Toast \& Jelly Offered Daily as Alternative All Meals Served with Fruit or Juice \& Milk

## Offer VS. Serve

Students do not have to take all food items, but at breakfast they must take 3 items including the juice or fruit. At lunch they must take 3 items from the 5 food groups offered (Grain, Fruit, Vegetable, Meat/Meat Alternate, Milk) and one item must be a fruit or vegetable.

## MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO AVAILABILITY OF FOOD

Rhonda Woods, Food Service Manager 618-993-2321
rwoods@marionunit2.org
Marion Unit \#2 is an equal opportunity provider and employer.

February 2024
Marion Unit \#2 K-12 Lunch Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
|  |  |  | 1 <br> Pulled Pork <br> OR <br> Corndog <br> Steamed Broccoli <br> w/Cheese Sauce, Cake, <br> Fruit Juice | 2 <br> Pizza <br> OR <br> Hot Ham \& Cheese Sandwich <br> Corn, Carrots w/Ranch, Fruit |
| 5 <br> Hamburger OR Cheeseburger <br> Tater Tots, Baked Beans, Fruit | 6 <br> Chili <br> OR <br> Cheesy Potato Soup <br> Hot Dog, Carrots w/Ranch, Cookie, Fruit Juice | 7 <br> Chicken Sandwich OR Spicy Chicken Sandwich <br> Macaroni \& Cheese, Green Beans, Jello w/Fruit | 8 <br> Sloppy Joe <br> OR <br> BBQ Rib Sandwich <br> Steamed Cauliflower <br> w/Cheese Sauce, <br> Cookie, Fruit Juice | 9 <br> Pizza <br> OR <br> Turkey \& Cheese <br> Sandwich <br> Corn, Lettuce Salad, Fruit |
| 12 <br> Hamburger OR Cheeseburger <br> French Fries, Baked Beans, Fruit | 13 <br> Fettuccini Alfredo OR Chicken Wrap <br> Garlic Bread, Lettuce Salad, Pudding, Fruit Juice | 14 <br> Chicken Nuggets OR <br> Fish Sandwich <br> Mashed Potatoes, Green <br> Beans, Fruit | 15 <br> Sweet \& Sour Chicken OR <br> Teriyaki Meatballs <br> Steamed Rice, Steamed Vegetables, Fortune Cookie, Fruit Juice | 16 <br> Half Day of School <br> No Lunch |
| 19 <br> No School Presidents' Day | 20 <br> Chicken Noodle Soup OR Vegetable Beef Soup <br> Toasted Cheese Sandwich, Cauliflower w/Ranch, Cookie, Fruit Juice | 21 <br> Chicken Sandwich OR <br> Spicy Chicken Sandwich <br> Macaroni \& Cheese, Green Beans, Jello w/Fruit | 22 <br> Meatball Sub <br> OR <br> Turkey Sub <br> Steamed Broccoli <br> w/Cheese Sauce, Chips, <br> Brownies, Fruit Juice | 23 <br> Pizza <br> OR <br> Fish Nuggets/Sticks <br> Corn, Carrots w/Ranch, Fruit |
| 26 <br> Hamburger OR Cheeseburger <br> French Fries, Baked Beans, Fruit | 27 <br> Spaghetti <br> OR <br> Deli Wrap <br> Garlic Bread, Lettuce Salad, Pudding, Fruit Juice | 28 <br> Chicken Nuggets OR Grilled Chicken Sandwich <br> Mashed Potatoes, Green Beans, Fruit | 29 <br> Chicken w/Queso Sauce OR <br> Chicken Quesadilla <br> Mexican Rice, Tortilla Chips w/Salsa, Spiced Black Beans, Cookie, Fruit Juice |  |


|  | Breakfast | Lunch |
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| Reduced | $\$ 0.30$ | $\$ 0.40$ |
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Meat/Meat Alternate, Milk) and one item must be a fruit or vegetable.

| AfterCats Snacks |
| :---: |
| Monday - Chips |
| Tuesday - Cookie |
| Wednesday - Cereal |
| Thursday - Fruit Cup |
| Friday - Oreos |

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